



Please review this form each day, prior to school, for each child who attends our schools.

The purpose of this document is two-fold:

1. To help families determine whether or not students should attend school each day
2. To help families identify when a child is experiencing COVID-19 symptoms

1. Should my child attend school today?

- a. **If your child is experiencing any of the following symptoms or conditions, please keep them home:**
Fever (100.4 F or above via oral, 99.5 F or higher via axillary or temporal), vomiting (now or at any time in the past 24 hours); diarrhea (now or at any time in the past 24 hours); extremely red, weepy, itchy eyes; eyes were “glued shut” in the morning or have a yellowish drainage; any undiagnosed rash; enlarged tonsils
- b. Daily Temperature - Is it 100.4 F or higher (oral) or 99.5 F or higher (axillary or temporal)? If yes, please keep your child home. **If your child is taking any medication to treat or reduce a fever, such as ibuprofen (Advil, Motrin, etc.) or acetaminophen (Tylenol), please keep them home.**
- c. **If your child has been in close contact with an individual who tested positive for COVID-19, please contact your pediatrician or School Nurse for guidance. If someone in your household is awaiting COVID test results, please keep your child home until a negative test result is received. Please contact your School Nurse in either scenario.**

2. The information below will help you determine if your child is experiencing COVID-19 symptoms.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Stay home from school and contact the School Nurse or pediatrician if your child exhibits any of these symptoms. .